

**Saskatchewan Triathlon Association Corporation (STAC)**  
**Minutes of 2007 Annual General Meeting**  
**510 Cynthia Street**  
**Saskatoon, SK**  
**March 17, 2008**

**In Attendance**

Andrea Grzesina (President), John Marshall (Treasurer), Jim Holmstrom (Director of Coaching Development), Lori Ebbesen via phone (Director of Sanctioning and Officiating), Patsy Ippolito (Secretary), Mark Boyd (Webmaster), Katie Mitchell (Member at Large), Nicole Golden, Mark Gibson, Wendy Shury, Shirley Garnet

**Welcome & Call to Order at 7:10 p.m.**

**Approval of the Agenda**

**Motion** (Mitchell/Holmstrom) to accept the agenda as distributed.

✓Carried

**Approval of the Minutes**

**Motion** (Marshall/Holmstrom) to accept the minutes of the 2006 AGM.

✓Carried

**Business Arising from the Minutes**

**Membership Fees**

**Motion** (Marshall/Ebbesen) to make STAC members aware that the board has approved an increase in race day fees to \$15 per individual for the 2008 triathlon season.

✓Carried

**President's Report**

**Year highlights:**

- STAC hosted the Triathlon Canada AGM and annual board meeting on the weekend of November 16-18.
- Don was hired as the STAC Coordinator in October. (Unfortunately, he resigned in February.)
- STAC membership is now on-line (thanks to Mark!)
- The Parkland Triathlon Club is new from Yorkton; loss of club activity in Meadow Lake, North Battleford

### **Congratulations:**

- Milos Kostic won his age category at the Ford Ironman World Championships.
- Carly Whittaker was selected by Triathlon Canada to be among the 12 athletes selected to compete for Canada in the 2008 Federation of University Sport (FISU) Triathlon World Championships, June 27 - 29, 2008 in Erdek, Turkey.
- Rachael Edwards had a number of successes this season, including second at the American National Championship in Longmont, Colorado, and second in the Girls Junior Elite category at Kelowna Apple Triathlon.
- Numerous other youth and juniors also had successful seasons.

### **Thanks:**

- To Lori, for organizing the Triathlon Canada weekend.
- To retiring board members RossAnn and Patsy.

### **Challenges and opportunities in upcoming year(s):**

- Administrative:
  - Hiring STAC Coordinator
  - Recruiting new board members
    - Encouraging more involvement in the STAC board from around the province
  - Updating bylaws – Don contacted Dawn Pritchard to review the current bylaws, no update on the status
  - Improve communication with members
  - Improve communication with SaskSport
  - Improve communication with the media
- Triathlon part of Saskatchewan Summer Games 2008, Canada Summer Games 2009
  - Promoting triathlon in all zones
  - Recruiting and developing more coaches
  - Developing high performance training opportunities
  - Work with members in Lloydminster to develop a club there prior to the SSG.
- Broadening participation from under-represented groups
- Seeking funding from other sources

## **Director Reports**

### **Coaching and High Performance**

2007 was an active one in Triathlon within the province. Several of our high performance youth and Junior athletes participated in high level competitions and performed very well. We also had one senior athlete, Carla Binning from Regina, participate at two Elite races as an U23 competitor. Many of these athletes applied for funding assistance, and the High Performance Committee examined and replied to all of these requests.

The approach of the Canada Summer Games in 2009, and triathlon's involvement, meant that much had to be done. A proposal for funding assistance was prepared and submitted to SaskSport as part of the CSG funding program. Due to manpower issues initial talent ID was not completed and an updated report and plan had to be submitted. This was followed up with an in person meeting with representatives from SaskSport and the Saskatchewan Sports Medicine and Science Council . Although written notification has

not been received, I have received verbal confirmation from Rob Kennedy (SaskSport) that our funding proposal was accepted and funds will be provided on April 1. With this notification we can proceed to identify a head coach and manager for this team. The successful candidate will need to be either certified at the Competition Introduction level, or enrolled in the Competition Development pilot at least 90 days prior to the CSG. Although this means our potential pool of coaches is small, I am confident that a qualified candidate will be found. To aid in their role, Donald Gallo has already compiled a list of athletes to target for development. Athletes on this list will be contacted over the coming month and provided with more information on their responsibilities and the opportunities that they will be given.

My role as Director of Coaching would not have been possible without the help of many individuals. I would like to particularly thank Gary Pallet (Winnipeg) and Susan Clarke (Saskatoon) for serving on the High Performance Committee. Donald Gallo was invaluable in the submission of the CSG funding proposal and the identification of the potential CSG athletes. Many of our high performance youth are coached by RossAnn Edwards and her time, energy, and passion are gratefully acknowledged.

## **Youth**

### ***KOS Clinics***

Six clinics sponsored around the province:

Yorkton – ½ day, Moose Jaw – ½ day, Regina – ½ day

Saskatoon – 1 - ½ days

- 1 – 5 wk (1/wk)
- Christmas camp – 5 days

### ***KOS Races***

4 races

Saskatoon – 4 (BCD, Brainsport, Spin, Pike Lake)

Regina – 2 (Icebreaker, Regina Beach)

### ***Programs***

STCI youth/Jr. ongoing training program

### ***Competition***

Provincial Team:

12/13 girls: Gabrielle Edwards, Kendra Anderson, Sadie Schaeffer, Mackenzie Chartier

12/13 boys: Cole Leblanc, Sam Garnet

14/15 Girls: Julia Garnet, Abby Miller

14/15 boys: Jeramie Anderson, Duncan Shury, Scott Fraser

Jr. Female: Rachael Edwards, Alicia Lukash

Jr. Male: Joel Howlett, Cuylar Conly

***Races Attended by Provincial Team*** (noted if top three):

**Vancouver** (Jr. Elite series race) Rachael Edwards – 3<sup>rd</sup> place

**PATCO Jr. Elite** (Edmonton) & **Edmonton KOS**

## **Brampton – Jr. Nationals & KOS**

**ManSask Youth Regional Championships** – Saskatchewan 1<sup>st</sup> place team: Gabrielle Edwards (1<sup>st</sup>), Cole Leblanc (1<sup>st</sup>), Julia Garnet (1<sup>st</sup>), Abby Miller (2<sup>nd</sup>), Jeramie Anderson (2<sup>nd</sup>)

**Colorado** – USA Jr. Nationals – Rachael Edwards (2<sup>nd</sup>)

**Kelowna** – Jr. Elite Series race – Rachael Edwards (2<sup>nd</sup>)

Western Canadian KOS – Gabrielle Edwards (3<sup>rd</sup>), Julia Garnet (2<sup>nd</sup>),  
Abby Miller (3<sup>rd</sup>), Jeramie Anderson (3<sup>rd</sup>)

**Clinics** – 3 athletes attended a wk clinic at the National Training Centre (Victoria)

### ***Standards Met:***

High Performance standards – Rachael Edwards, Joel Howlett

Performance standards – Julia Garnet, Duncan Shury

***Notable accomplishments:*** Rachael Edwards was 3<sup>rd</sup> in the overall Tri Canada Jr. Elite Race series

### ***STAC Activities:***

Sask. Summer Games (2008) – working with the games council and zone reps to offer clinics and provide qualifying races

Canada Summer Games (2009) – working with SaskSport

## **Officials & Sanctioning**

### ***Provincial Update...***

**Affiliated Clubs** – STAC sanctioned **5** affiliated clubs in 2007: Saskatoon Triathlon Club Inc. (STCI), Prince Albert Triathlon Club, Regina Multisport Club Inc. (RMC), Thunder Creek Triathlon Club (Moose Jaw) and the Saskatchewan Triathlon University Club (STUC).

**Events** – The number and array of events sanctioned by STAC was sustained this year (after a record high of 26 in 2005). In 2007, 23 events sought and secured sanctioning including 18 races (two of which were women's only races and in the national Triathlon Canada series) and five (5) clinics (an increase from three the previous season).

**Incidents** – No major accidents, injuries or disqualifications were experienced at any of our sanctioned events.

**National Responsibilities** – Those two individuals certified as National Technical Officials (NTO), formerly called Level 3, completed the requisite logbook of officiating activities and submitted it to Triathlon Canada's Technical Director at the end of the calendar year as required. In addition, both NTO's completed the national officiating requirement.

**Officiating Clinics** – One Level 1 officiating course was conducted in 2007 for STUC members. This course certified twelve (12) new Level 1 officials.

**2008 Saskatchewan Summer Games** – Planning continued for triathlon's debut in the 2008 Saskatchewan Summer Games.

### *National Update...*

**Triathlon Canada Meeting** – STAC hosted the Triathlon Canada Board meeting and 2006 AGM in Saskatoon, November 16<sup>th</sup> to 18<sup>th</sup>, 2007. Widespread participation by STAC Board members and club representatives was most appreciated.

### Key Accomplishments in 2007

- Conducted one Level 1 Officials course.
- Negotiated our first STAC co-sanctioning agreement for the Man-Sask Youth Race in conjunction with Triathlon Manitoba.
- Reviewed course options for the Saskatchewan Summer Games.
- Increased the number of clinics in building support for the 2008 Saskatchewan Summer Games.
- Continued to streamline processes for submitting the necessary sanctioning requirements.
- Provided more timely and increased support to our event directors.

### Plans for 2008

- Hosting at least two Level 1 official's courses in different communities, including Lloydminster; conducting one Level 2 official's course.
- Negotiating further a proposed western province 'blanket agreement' to allow annual members of all four provinces to race in any of the provinces without incurring race day fees.
- Finalizing the technical aspects of the 2008 Saskatchewan Summer Games.
- Supporting the development of Games qualifying events across the province.
- Recruiting a new National Technical Official to bring our provincial compliment to three.
- Seeking ways to support and mentor event directors so lessons learned each year can be more effectively passed along.
- Connecting more regularly with other provincial Technical Directors.
- Progressing on bylaw revisions.

*Discussion:* Regina has requested Level 1 and 2 officials clinics. Lori will coordinate this in the next couple of weeks.

**Motion** (Ebbesen/Mitchell) to accept the President and Director Reports as presented.

✓Carried

## Financial Year End Statement

A year end financial summary and audit statement were distributed and verbally summarized.

**Motion** (Marshall/Mitchell) to accept the audit statement as presented.

✓Carried

**Motion** (Ebbesen/Marshall) to appoint Heagy Altrogge Matchett & Partners LLP as the STAC auditor for 2008.

✓Carried

*Discussion:* there are benefits to having more full members and it would be preferable that all clubs encourage full memberships.

## Nominations/Elections of STAC Board Members

Continuing Board Members: Andrea Grzesina, John Marshall, Jim Holmstrom, Lori Ebbesen, Katie Mitchell, Evan Howlett, John Myktchuk

Resignations: RossAnn Edwards, Patsy Ippolito

Exiting Board Member: Val Pearson

New Board Members: Nicole Golden

**Motion** (Mitchell/Marshall) to accept the roster of board members as listed.

✓Carried

## New Business

### Committees

An endorsement for the High Performance Committee to continue in its current role was given.

*Discussion:* A recommendation was made from the membership that the 2008 Board investigate the formation of additional committees ie. Finance Committee, Youth/Junior Committee, to support the Board. Wendy Shury indicated interest in helping with one of these committees.

## Adjournment

The meeting was adjourned at 8:35 p.m.