

Youth/Jr. Triathlon Sept./05 – Sept./06

1.. Athlete development – Introductory & Participation

<u>Events</u>	<u>Date</u>	<u>#</u>	<u>Ages</u>
1..Swim/Bike/Run for Fun Clinic	March 11	21 participants	8 – 12

Co-ordinated by RossAnn Edwards

Coaches: RossAnn Edwards, Carly Whittaker.

Coaching Assistants: Alecia Lukash, Rachael Edwards, Gabrielle Edwards

2. Kickstart Triathlon Clinic	May 7 – June 11	20 participants	8 - 14
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Co-ordinated by RossAnn Edwards

Coaches: RossAnn Edwards, Val Lukash, Gabrielle Edwards, Alecia Lukash, Garry Huculiak, Joyce Metcalfe, Shannon Bews, Rachael Edwards
Eric Bossaer, Wes Nelson, Jeremie Anderson, Mackenzie Chartier

3. School Presentations/Clinic: grades 3 - 8

**a. River Heights School, Prince Philip School, St. Anne's School
Weyburn**

Co-ordinated by: RossAnn Edwards

Coaches/helpers: RossAnn Edwards, Carly Whittaker, Alecia Lukash,
Julia Garnet, Rachael Edwards, Gabrielle Edwards
Sherri Clifford, Brad Clifford

b. River Heights School Duathlon October 142 participants grades 5-8

Race director: Nan Lee

c. Weyburn School Duathlon: May 150 participants grades 6-8

Director: RossAnn Edwards

Volunteers: Sherri Clifford, Brad Clifford, Rachael Edwards, Gabrielle
Edwards, Brammon Edwards

Races

1. Regina Icebreaker	May 7	43 participants
2. PA Mother's day race	May 14	4 “
3. PA Pre-Father's day race	June 11	3 “
4. Brainsport KOS Race	June 17	136 “
5. Spin Off Spadina	June 18	15 youth/6 junior
6. Regina Beach	July 9	18 participants

2. Athlete Development - Excellence

a. Youth/Junior Training Nov./05 – Aug./06

#	Age	Participants (14)
4,	12/13 girls	Mackenzie Chartier, Gabrielle Edwards, Breanna Lukash, Sarah Neuburger
2,	12/13 boys	Carter Coben, Cole Leblanc
3,	14/15 girls	Rachael Edwards, Julia Garnet, Alecia Lukash
3,	14/15 boys	Jeremie Anderson, Eric Bossaer, Joel Howlett
2,	16 – 19 girls	Jillian Bouchard, Elise Truscott
1	16 – 19 boys	Cuylar Conly, Brad Clifford

Coaches: Shane Armstrong, RossAnn Edwards, Carly Whittaker

Guest Coaches: Susan Clarke, Dan Haffey

b. High Performance and Performance Standards Achieved (14–19rs.)

- High Performance standard – Rachael Edwards
- Performance standard – Julia Garnet, Alecia Lukash

c. Athletes Qualifying for Provincial Team

12/13 girls: Mackenzie Chartier, Gabrielle Edwards, Breanna Lukash,
Sarah Neuburger

12/13 boys: Carter Coben, Cole Leblanc

14/15 girls: Rachael Edwards, Julia Garnet, Alecia Lukash

14/15 boys: Jeremie Anderson, Joel Howlett

16 – 19 girls: Jane Simington

16 – 19 boys: Cuylar Conly, Brad Clifford

d. Races Attended by Provincial Team

Edmonton Jr. Nationals & Youth Race – July 8

- 12 athletes competed

In top five: 12/13 girls: Gabrielle Edwards – 2nd

14/15 girls: Rachael Edwards - 1st
Julia Garnet – 2nd

16 – 19 Jr. F Jane Simington 1st

16 – 19 Jr M. Cuylar Conly – 1st

Jr. Elite M Brad Clifford 43/45

Stonewall, Mb Youth Regional Championships – July 30

- 10 youth competed

12/13 girls: Gabrielle Edwards - 1st
field of 9 Mackenzie Chartier – 4th
Sarah Neuburger – 5th
Breanna Lukah – 6th

14/15 girls: Rachael Edwards – 1st
field of 7 Julia Garnet – 2nd

12/13 boys: Cole Leblanc - 3
field of 5

14/15 boys: Joel Howlett – 3rd
field of 7 Jeremie Anderson – 6th

**Kelowna West. Can. KOS Championships/Jr.Elite race
- 9 Youth; 2 Juniors competed**

12/13 girls : Gabrielle Edwards – 3/27 14/15 girls: Rachael Edwards – 2/13
Breanna Lukash 13/27 Julia Garnet – 4/13
Sarah Neuburger 14/27 Alecia Lukash 9/13

12/13 boys Cole Leblanc 20/26 14/15 boys Joel Howlett 8/14
Jeramie Anderson 10/14

Junior Elite: Cuylar Conly: 13/21
Brad Clifford 19/21