

Donors and Volunteers

Some of the Organizations and Businesses helping to make this event possible are as follows:

- * Boh's Cycle and Sporting Goods
- * Wakamow Valley
- * Prairie Spring Water
- * Moose Jaw and District EMS

Welcome to the 6th Annual

Boh's Cycle Dusty Moose DUATHLON

In Moose Jaw
On Sunday, June 11, 2006

Full Race Course

5 km run, 24 km Mountain Bike, 5 km run

Sprint Course

2.5 km run, 12 km Mountain Bike, 2.5 km run

Kids of Steel Event

600m run, 1.4 km bike, 600m run

400m run, .7 km bike, 400m run

Race Start Time

The full course and sprint course events are scheduled to begin at 10:00 AM. The Kid's Event begins at 12:30 PM.

Registration Information

Early registration is available for full course and sprint course individual competitors up to and including Sunday, May 28, 2006. (\$10 refund for STAC members presenting card on race day. Early registration is non-refundable. Registrations and cheques should be mailed or delivered to:

Boh's Cycle Dusty Moose Duathlon

c/o Marie Fish

1073 Henry Street

Moose Jaw, Sask.,

S6H 3H3

Team Category

Competitors may do the full course event only in teams of 2 or 3. Each team member must fill out a separate registration form but all team registrations must come in together.

Kid's Event

As part of the Dusty Moose Duathlon, kids 13 and under are invited to enter the Kids' Event that begins at 12:30 PM. Kids can enter individually or as a team. The registration fee is \$10 per child, which includes the race, a finishing medal, day STAC membership, post race food and refreshments, and draw prizes.

The Route

The running route is through Wakamow including both road sections and trail sections on a flat course. The biking route is an off-road course including the Trans Canada Trail. The course is not highly technical but challenging allowing all levels of riders to participate.

Bikes and Safety Gear

Only Mountain bikes in excellent, trail worth condition may be used for the biking section. Approved Bike helmets are mandatory.

Food and Refreshments

Snacks and refreshments will be available to all participants near the finish line area after completion of the race. Water stations will be available along both the running and biking routes.

Camping Facilities

Overnight tenting and trailer facilities may be arranged at the River Park Campground which is located within a few feet of the Start/Finish line. Phone: (306) 692 5474.

Vehicle Parking

A vehicle parking lot is conveniently located adjacent to the start/finish line for use by all race participant. Spectators and volunteers are encouraged to use the alternate parking lots.

Kayaking and Canoeing

As an added attraction this year, Boh's Cycle will provide kayaks and canoes for any participant to try out after racing at the launch site just north of the gazebo. This is completely free of charge and begins at 12:00 noon.

The Thunder Creek Triathlon Club would like to thank all the volunteers and athletes for helping to make the 2005 Duathlon a success and hopes to see you all participate again in 2006.

Proceeds to:
Thunder Creek Triathlon Club
Sanction by Saskatchewan Triathlon
Association Corporation
www.triathlonsaskatchewan.org

Dusty Moose Duathlon Registration 2006

Early registration discounts are available until **SUNDAY, MAY 28, 2006**

If participating as a team, each member must complete a separate Registration form.

Athlete's Name (Please print) _____ Address _____ City _____ Postal Code _____

MALE/FEMALE Phone: _____ (h) _____ (w) _____
Age _____ e-mail address (for results and info.) _____

Full course (Ind. Or Team) _____ Sprint course (Ind. Only) _____ Kid's event _____

STAC member: Yes/No _____ If Yes, STAC No. _____

Race Category: (Circle One) Individual 2-member Team 3-member Team

Team Members: _____
1st run _____ Mountain Bike _____ 2nd run _____

Registration and T-shirt Fees: On or before May 28 After May 28

Individual full course (16 years and up)	\$30 _____	\$35 _____
Individual sprint course (14 years and up)	\$25 _____	\$30 _____
Full Course Team	\$60 _____	\$60 _____
Kids (13 and under and in Kid's event)	\$10 _____	\$10 _____

Total amount enclosed with registration = _____

Cheques should be made payable to: Thunder Creek Triathlon Club

Registrations and cheques may be mailed to : Marie Fish, 1073 Henry Street, Moose Jaw, SK. S6H 3H3

Waiver and Release: (All competitors must complete this Waiver)

In consideration of permitting me, the undersigned, to participate in the Boh's Cycle Dusty Moose Duathlon 2006, an individual/team run and bike race, I hereby waive all claims for damages of whatsoever nature and description and do hereby release, remise and forever discharge the Thunder Creek Triathlon Club, the Saskatchewan Triathlon Association Corporation or the Wakamow Valley Authority and their agents, officers or members, the race organizers and officials, of and from all liabilities, claims and demands, actions and causes of action however arising from or out of my participation in the said event.

In witness whereof I have hereunto set my hand this _____ day of _____, 2005.

In the presence of:

_____ Witness

_____ Participant

_____ Guardian (required if the competitor is under the age of 18)

Other Inquiries

Interested athletes may obtain other race details and any other information by contacting Marie or Brian Fish at (306) 692 4587 or e-mail at m.fish@sasktel.net or Joe Jackson at (306) 692 9860 or e-mail at joejackson@jgllcattle.com:

COME FOR THE FUN AND FITNESS OF IT ALL!!!!!!!

For Organizers only:

Race No. _____