

2008 SASKATCHEWAN SUMMER GAMES

TRIATHLON TECHNICAL PACKAGE

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Zones and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGB's version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, zone sport contacts and zone sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGB's, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rationale for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff compliments after 18 months prior to the games will not be considered.

ZONE ATHLETE ELIGIBILITY CRITERIA

1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each zone team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the zone they are representing. In the event an athlete moves from one zone to another, less than 6 months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their zone residence may elect to compete in a zone playdown in either their home zone or academic resident zone, but not both.

Students attending a secondary school outside their home zone must be enrolled in a minimum of 60% of the eligible credits to be considered a full time student.

Students attending a post secondary school outside their home zone must be enrolled in a minimum of the equivalent of 3 full time classes per year to be considered a full time student.

4. Athletes residing outside Saskatchewan

Individual Sports:

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- they are eligible for membership with a PSGB in Saskatchewan.

Team Sports:

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

- The majority of the team resides in Saskatchewan or attends school on a full time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

5. Zone Team Eligibility

When a team roster is comprised of athletes residing in different zones, the following criteria will determine which zone the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
- Where a team has members from two or more Saskatchewan Games Zones, and is registered in a recognized league, it shall compete in the zone where the majority of the players reside. Teams in this position may have members living in adjacent zones within reasonable commuting distance.

6. The games shall be open only to amateur athletes recognized as such by the applicable PSGB.
7. For each Games an athlete may participate in one sport only, however an athlete may elect to try out for different sports in the zone team selection process. Upon acceptance of selection to a zone team the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
8. Coaches / managers may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
9. All athletes must be a minimum of eleven (11) years of age upon commencement of the first day of the Saskatchewan Games competition.
10. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
11. Prior to the games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
12. Coaches, managers and athletes selected to the zone team must stay in the athletes village during the games.

**TRIATHLON
TECHNICAL PACKAGE**

**2008 SASKATCHEWAN SUMMER GAMES
LLOYDMINSTER, SASKATCHEWAN**

1.0 SPORT:

- 1.1 Competition Site: Bud Millar Park/Leisure Centre
- 1.2 Competition Dates: August 3 – 6, 2008
- 1.3 Sanction: YES

2.0 PARTICIPANTS

- 2.1 Number of Competitors: Male: 6 Female: 6
12-13 year olds, 2 males and 2 females
14-15 year olds, 2 males and 2 females
16-19 year olds, 2 males and 2 females
- 2.2 Coaches and Managers: 1 Male and 1 Female

Note: Sports that have both male and female competitors must ensure that one coach/manager is male and the other coach/manager is female.

3.0 CLASSIFICATIONS:

- 3.1 Year of Birth: 3 categories: 12-13 (1995-96)
14-15 (1993-94)
16-19 (1989-92)

Note: All athletes for the Saskatchewan Games must be a minimum of 11 years of age or older as of August 3, 2008.

4.0 ELIGIBILITY

- 4.1 Athletes: Must be members of Saskatchewan Triathlon Association 5 days prior to competition. Athletes may take out a full membership or a day pass.

Participants must be capable of performing swimming, biking and running and the associated transitions independently in a manner that insures that they will not place themselves or other competitors at risk.

All athletes must abide by the residency criteria and regulations outlined in the Saskatchewan Games' Handbook.

- 4.2 Coaches: All coaches listed on the official registration form must be:

- A) Trained Coach in the new Triathlon Canada NCCP Introduction to Competition Stream
- or
- B) Certified Coach in NCCP Introduction to Competition Stream in Swim, Cycling or Running
- or
- C) NCCP Level 1 Triathlon (previous certification prior to CBET model)

4.3 Exclusions: None

5.0 PROVINCIAL REGISTRATION:

Registration is with:

Name: Saskatchewan Triathlon Association Corporation (STAC)
 Address: P.O. Box 21008
 City: Saskatoon, SK
 Postal Code: S7H 5N9
 Phone: 956-2233
 Email: coordinator@triathlonsaskatchewan.org

6.0 PROVINCIAL TECHNICAL LIAISON:

Name: Lori Ebbesen
 Address: 911 7th Street East
 City: Saskatoon, SK
 Postal Code: S7H 0Y5
 Ph: 665-6220
 Email: sanctioning@triathlonsaskatchewan.org

7.0 COMPETITION:

7.1 Type of Competition: Triathlon (Men and Women)

7.2 Events: Sprint Triathlon

Age 12-13 yrs: Male / Female	300m swim	15 km Bike	3km Run
Age 14-15 yrs: Male / Female	500m swim	15 km Bike	4km Run
Age 16-19 yrs: Male / Female	750m swim	20 km Bike	5km Run

8.0 RESULTS:

8.1 Points – Based on 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points, and so on.

If there are fewer than 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points and so on.

9.0 TIE BREAKING PROCEDURE:

First place finishes (gold medals), then silver and bronze if necessary.

10.0 SPORT PROTEST PROCEDURE:

Per Triathlon Canada, an appeal is a request for a review of a decision made by a referee. Appeals must be perfected in writing and received by the Head Referee within fifteen (15) minutes of the participant's finish time. Appeals can not be made on 'judgment calls' (including but not limited to: drafting, blocking and unsportsmanlike conduct).

A protest is against the conduct of a competitor, race official, or the conditions of the competition. Protests will be filed in writing to the Head Referee, signed by the protester, within time limits specified by Triathlon Canada for the specific offenses.

11.0 EQUIPMENT:

11.1 Equipment to be supplied : Bike racks, race signage, safety equipment (vests, stop signs) water containers for water aid stations, water thermometer, swim caps.

11.2 Equipment not supplied : Swim suit, bike, bike helmet, and running shoes. Swim goggles, water bottles, and towels are optional accessories.

12.0 SPORT JURY:

Provincial Technical Liaison, Head Referee, PSGB Representative

13.0 OFFICIALS REQUIRED:

13.1 MAJOR OFFICIALS

Two major officials are required, both of whom are certified as National Technical Officials (NTOs) with Triathlon Canada:

- a Technical Delegate; and
- a Head Referee.

The Technical Delegate (TD) is responsible for: previewing the race site, event plans and timetables, etc.; staying in close contact with the organizing committee; approving the appointment of officials; supervising and approving the measurement of water temperature and ruling on wetsuit use; and reviewing medical plans. The TD has the final approval on all technical aspects of the race. During the race, the TD needs to be suitably supplied with communication and transportation to allow for supervision of all aspects of the competition.

The Head Referee is required to: coordinate the certification of race officials; meet with course officials; liaise with the Technical Delegate to identify potential problems in the race course; brief race officials; brief competitors prior to the race on rules and possible hazards; ensures accurate posting of the results in a timely manner; enforce the rules of competition; and decide on violations reported by the race officials.

13.2 MINOR OFFICIALS

Four captains are required, qualified at minimum as Level 2 Officials with Triathlon Canada. These captains are designated for swim, bike, run and transition. These captains take responsibility for adequate official and volunteer coverage of their portion of the course. Additional Level 1 Officials are positioned on the course and are tasked with enforcing the Triathlon Canada rules of competition. The number of these individuals required is based on number of participants and will be determined closer to the event.

14.0 MEDICAL SERVICES:

On-site first-aid and physiotherapy; designated Medical Director

15.0 MEDALS

6 Gold, 6 Silver, 6 Bronze
(Male: 3 Gold, 3 Silver, 3 Bronze, Female: 3 Gold, 3 Silver, 3 Bronze)

16.0 ZONE TEAMS SELECTION CRITERIA

Zone playdowns will be used to select a team from each zone. The top two male and female athlete finishers in each age category for a given zone will qualify to compete at the Saskatchewan Summer Games for their zone. The qualifying race will not have to take place in each zone.

17.0 ZONE SPORT CONTACTS (designated by the Saskatchewan Triathlon Association):

Zone 1

Name: Lisa Guest
Address: Box 1060
City: Weyburn
Postal Code: S4H 2L3
Phone: 842-0872
Fax:
Email: lisafrmgrl@hotmail.com

Zone 2

Name: Rick Vircavs
Address: 3208 Victoria Avenue
City: Regina
Postal Code: S4T 1L4
Phone: 522-1886
Fax:
Email:

Zone 3

Name: Marie Fish
Address: 1073 Henry Street
City: Moose Jaw
Postal Code: 1073 Henry Street
Phone: 692-4587
Fax:
Email: mfish@sasktel.net

Zone 4

Name: Dave Lukash
Address: 618 Hurley Crescent
City: Saskatoon
Postal Code: S7N 4H9
Phone: 665-0026
Fax:
Email: dlukash@sasktel.net

Zone 5

Name: RossAnn Edwards
Address: Box 22116 RPO Wildwood
City: Saskatoon
Postal Code: S7H 5P1
Phone: 227-9213
Fax:
Email: gedwards@sasktel.net

Zone 6

Name: Nan Lee
Address: 131 Quill Bay
City: Saskatoon
Postal Code: S7K 4V1
Phone: 249-0506
Fax:
Email:

Zone 7

Name: Doug Sylvester
Address: 2495 Ross
City: North Battleford
Postal Code: S9A 3R2
Phone: 445-6887
Fax:
Email:

Zone 8

Name: Mark Nagy
Address:
City:
Postal Code:
Phone:
Fax:
Email: masko.nagy@shaw.ca

Zone 9

Name: Tonia Logan
Address:
City:
Postal Code:
Phone:
Fax:
Email: tolrec@sasktel.net

18.0 OTHER INFORMATION REQUIRED

**19.0 THIS IS TO CERTIFY THAT THIS TECHNICAL PACKAGE, IN ITS ENTIRETY,
WAS APPROVED BY OUR BOARD OF DIRECTORS.**

(Please indicate in the space provided, the date of the meeting and when it was approved. This package must be signed by your President before returning it to the Saskatchewan Games Council.)

MEETING DATE:

PRESIDENT'S SIGNATURE: _____

Name: Andrea Grzesina

Address: 906 - 5th Avenue North

City: Saskatoon

Postal Code: S7K 2S0

Phone Home: 653-5823

Phone Work: 933-7070

Email: amg@shaw.ca