

2000 Saskatchewan Triathlon Race Calendar

<u>Date</u>	<u>Name</u>	<u>Location</u>	<u>Distance</u>	<u>Contact</u>
Saturday, April 29 th	Arbor Creek Duathlon	Saskatoon	1k Run,12k Bike, 1k Run...1krun,12k Bike,1k Run	Jeff Hehn (306) 652-2483 jhehn@cc.ca
Sunday, May 7	IceBreaker	Regina	750m Swim, 12k Bike, 5 k Run, Sprint Distance /KOS	Brent Gibson (306) 757-0621 bgibson@insurance-store.com
Saturday, May 13 th	Women's Y-Not-Tri - A-Tri	Saskatoon (YWCA)	150m Swim,5k Bike,1500m Run Sprint Distance/ KOS event (Women's Event)	Kim Larsen (306) 931-4909 kiml@qcc.sk.ca
Sunday, May 14 th	KOS Mother's Day	Prince Albert	Sprint Distance/ KOS event	Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
Sunday, June 11 th (Tentative)	Moe's Triathlon	Saskatoon (Riversdale)	500m Swim, 16k Bike, 3k Run, Sprint Distance/ KOS (May be some changes) Mountain Bike Recommended	Marilynn Georgas (306) 244-6493 dhryn.mgeorgas@sk.sympatico.ca
Sunday, June 11 th	Father's Day KOS	Prince Albert	Sprint Distance/ KOS event	Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
Saturday, June 24 th (Tentative)	Saskatoon KOS Youth Junior Provincials	Saskatoon	KOS event	Nan Lee (306) 249-0506 nan.lee@usask.ca
Sunday, June 25 th	Spin on Spadina Provincials	Saskatoon (HBAC)	Standard: 1500m Swim, 40k Bike, 10k Run Sprint: 750m Swim, 20k Bike, 5k Run	Jeff Hehn (306) 652-2483 jhehn@cc.ca
Sunday, June 17 th	Fathers' Day KOS	Prince Albert	Sprint Distance/ KOS event	Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
Monday, July 3 rd	Sandy Lake Triathlon	Sandy Lake	Sprint Distance/ KOS event	Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
Sunday July 9 th	Regina Beach	Regina Beach	Standard: 1.5 k Swim, 40 k Bike, 10k Run	Doug MacKenzie trigeek@cableregina.com
Saturday July 29 th	Echo Valley Sprint/Standard/KOS	Fort Qu'Appelle		Trevor Soll tsoll@telus.planet
Sunday July 30 th	Echo Valley ½ Ironman	Fort Qu'Appelle		Trevor Soll tsoll@telus.planet
Tuesday August 1 st	Sandy Lake Triathlon	Waskesiu		Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
Sunday, August 13 th	Frank Dunn Toyota Triathlon	Waskesiu	1.5 k Swim, 63k Bike, 13k Run	Mark Nagy (306) 763-8041 markn@sk.sympatico.ca
Saturday August 19 th	Youth Interprovincial	Riding Mountain, MB		
Sunday, August 20 th	Freeze, Breeze & Wheeze Tri	La Ronge	500m Swim, 14k Bike, 6k Run	Dave Zarazun (306) 425-2477 zarazun@sk.sympatico.ca
Sunday, Aug 27 th	Meadow Lake Triathlon	Meadow Lake	500m Swim, 14k Bike, 4k Run	Mike Levesque (306) 236-2086 dieselmike@sk.sympatico.ca
Sept 2-4, Labour Day Weekend	Duck Mountain Tri Festival	Duck Mountain Provincial Park	Mtn Bike Duathlon/ Standard Distance Triathlon / Scramble	Kevin Sutton ksutton@dc.aol.com
Sunday Sept 17 th	Terry Fox Triathlon	Prince Albert		Greg Sylvester (306) 763-5154 sylvg@sk.sympatico.ca
TBA	Mountain Du Duathlon	Blackstrap		Jeff Hehn (306) 652-2483 jhehn@cc.ca

Moe's 2000 Triathlon Results

Triathlon Results

Page Number: 1 of 3

Race Category: KOS 11 - 12

Number in Category: 4

Age Group:11 - 12

Number in Age Group: 4

Name/Team Name	City	Final	Penalty (Min)
Keith Johnsrude	Saskatoon	0:35:50	
Katie Nussbaum	Saskatoon	0:35:54	
Tyler Braconnier	Saskatoon	0:38:18	
Shauna Biddulph	Saskatoon	0:42:36	

Race Category: KOS 13 - 14

Number in Category: 5

Age Group:13 - 14

Number in Age Group: 5

Name/Team Name	City	Final	Penalty (Min)
Derek Waghray	Saskatoon	0:44:07	
Jordan Marit	Fife Lake	0:48:24	
Stefanie Jelinski	Saskatoon	0:48:30	
Cory Braconnier	Saskatoon	0:50:52	
Michael Smela	Saskatoon	0:50:57	

Race Category: KOS 7 - 8

Number in Category: 6

Age Group:07 - 08

Number in Age Group: 6

Name/Team Name	City	Final	Penalty (Min)
Isaline Nicoud	Saskatoon	0:10:57	
Andrew Johnston	Saskatoon	0:12:45	
Emma Basky	Saskatoon	0:13:11	
Nick Foth	Saskatoon	0:15:42	
Gillian Walker	Saskatoon	0:17:21	
Christian Wachs	Saskatoon	0:18:33	

Race Category: KOS 9 - 10

Number in Category: 5

Age Group:09 - 10

Number in Age Group: 5

Name/Team Name	City	Final	Penalty (Min)
Logan Foth	Saskatoon	0:17:50	
Rikia Trischuk	Saskatoon	0:19:19	
Kendra Churchwell	Saskatoon	0:21:44	
Christine Warner	Saskatoon	0:22:17	
Julian Peppler	Saskatoon	0:27:11	

Race Category: Men - Sprint

Number in Category: 22

Age Group:15 - 16

Number in Age Group: 1

Name/Team Name	City	Final	Penalty (Min)
Eric Jelinski	Saskatoon	0:55:17	

Age Group:17 - 19

Number in Age Group: 1

Name/Team Name	City	Final	Penalty (Min)
Tom Ross	Saskatoon	0:57:24	

Triathlon Results

Page Number: 2 of 3

Race Category: Men - Sprint

Number in Category: 22

Age Group:20 - 29

Number in Age Group: 9

Name/Team Name	City	Final	Penalty (Min)
Ryan MacVicar	Saskatoon	0:51:02	
Mike Adamson	North Battleford	0:51:41	
Steven Bidaux	Saskatoon	0:51:47	
Jesse Shakotko	Meadow Lake	0:52:17	
Handre De Ridder	Meadow Lake	0:52:24	
Mike Ploc	Estevan	0:55:39	
Michael Hernberg	Saskatoon	0:56:01	
Michael Beaulé	Saskatoon	1:08:44	
Steven Balzer	Langham	1:09:12	

Age Group:30 - 39

Number in Age Group: 6

Name/Team Name	City	Final	Penalty (Min)
Jeff Hehn	Saskatoon	0:44:16	
Brad Boehm	Martensville	0:55:17	
Lance Hazell	Saskatoon	0:57:47	
Tom Sargeant	Saskatoon	0:59:17	
Bryn Christopher	Saskatoon	1:07:21	
Brian Murdoch	Saskatoon	1:09:56	

Age Group:40 - 49

Number in Age Group: 5

Name/Team Name	City	Final	Penalty (Min)
Kevin Sutton	Saskatoon	0:46:23	
Ron Golden	Saskatoon	0:47:07	
Eugene Timmermans	Warman	0:49:49	
Rick Gore-Hickman	Saskatoon	0:55:08	
Michel Levesque	Meadow Lake	0:58:49	

Race Category: Team - Sprint

Number in Category: 5

Age Group:

Number in Age Group: 5

Name/Team Name	City	Final	Penalty (Min)
Cindy Keet PCS	Vanscoy	1:02:32	
Paul Hebert PCS	Saskatoon	1:02:32	
Shannon Corey PCS	Saskatoon	1:02:32	
M.J. Sherven Sherven/Spooner	Saskatoon	1:03:57	
Wanda Spoon Sherven/Spooner	Saskatoon	1:03:57	

Race Category: Women - Sprint

Number in Category: 30

Age Group:15 - 16

Number in Age Group: 1

Name/Team Name	City	Final	Penalty (Min)
Amanda Reimer	Saskatoon	0:53:38	

Age Group:20 - 29

Number in Age Group: 15

Name/Team Name	City	Final	Penalty (Min)
Robyn Faulkner	Calgary	0:56:08	
Brynn Kvinlaug	Saskatoon	0:56:37	
Brenda Lindstrom	Saskatoon	0:56:52	
Shona Nickel	Saskatoon	1:00:19	

Triathlon Results

Page Number: 3 of 3

Race Category: Women - Sprint

Number in Category: 30

Age Group:20 - 29

Number in Age Group: 15

Name/Team Name	City	Final	Penalty (Min)
Tanis Walmsley	Saskatoon	1:00:24	
Tammy Shakotko	Meadow Lake	1:01:30	
Gillian Taylor	Saskatoon	1:02:15	
Sarah Oosman	Saskatoon	1:02:20	
Amy Mader	Saskatoon	1:03:02	
Alana Skelton	Calgary	1:05:54	
Katrina Lakenman	Saskatoon	1:06:49	
Jamesca Kidd	Saskatoon	1:16:23	
Jolene Hicks	Saskatoon	1:21:28	
Marnie Andersen	Saskatoon	1:21:43	
Barbara Buzinski	Saskatoon	1:24:58	

Age Group:30 - 39

Number in Age Group: 11

Name/Team Name	City	Final	Penalty (Min)
Sarah Robbins	Saskatoon	0:54:53	
Lazelle De Ridder	Meadow Lake	0:56:58	
Michelle Prytula	Saskatoon	0:57:32	
Cheryl Brooke	Saskatoon	0:59:00	
Colleen Walker	Saskatoon	0:59:05	
Carol Harley	Saskatoon	1:01:27	
Joanne Weninger	Saskatoon	1:02:11	
Charlene Hails	Seattle	1:02:52	
Shannon Bews	Saskatoon	1:07:09	
Tracey Faulkner	Saskatoon	1:07:20	
Valerie Yarmovich	Saskatoon	1:21:45	

Age Group:40 - 49

Number in Age Group: 2

Name/Team Name	City	Final	Penalty (Min)
Regina Koenders	Saskatoon	0:59:06	
Terry Jelinski	Saskatoon	1:08:04	

Age Group:50 - 59

Number in Age Group: 1

Name/Team Name	City	Final	Penalty (Min)
Lilliana Taborda-Lipka	Saskatoon	0:59:42	

Number in Race: 77

BrainSport Kids of Steel 2000 Triathlon Results

Saturday June 24 at Riversdale Pool in Saskatoon

Triathlon Overall Results

Page Number: 1 of 2

Race Category: KOS 08 and under

Number in Category: 25

Name/Team Name/AgeGroup/Sex	City	Final	Penalty (Min)
Andrew Johnston 07 - 08 M	Saskatoon	0:11:03	
Evan Jarvi 07 - 08 M	Saskatoon	0:11:04	
Alecia Lukash 07 - 08 F	Saskatoon	0:11:35	
Emma Basky 07 - 08 F	Saskatoon	0:11:53	
Luke Patterson 07 - 08 M	Saskatoon	0:12:14	
Isaline Nicoud 07 - 08 F	Saskatoon	0:12:26	
Abby Miller 07 - 08 F	Saskatoon	0:12:46	
Christopher Sarrazin 07 - 08 M	Saskatoon	0:12:50	
Eric Gignac 07 - 08 M	Saskatoon	0:13:07	
Sean Gore-Hickman 07 - 08 M	Saskatoon	0:13:11	
James Gordon 07 - 08 M	Saskatoon	0:13:15	
Robbie Newton 07 - 08 M	Saskatoon	0:13:27	
Mitch McKee 07 - 08 M	Saskatoon	0:13:29	
Sarah Neuburger 07 - 08 F	Saskatoon	0:13:55	
Eric Gerwing 07 - 08 M	Saskatoon	0:13:58	
Paige Gerwing 07 - 08 F	Saskatoon	0:14:01	
Jessica Figley 07 - 08 F	Saskatoon	0:14:28	
Zachary Serviss 07 - 08 M	Saskatoon	0:15:07	
Allison Scherger 07 - 08 F	Saskatoon	0:15:27	
Nadine Pepler 07 - 08 F	Saskatoon	0:15:36	
Tim Gadzella <07 M	Saskatoon	0:15:43	
Daniel Holtsman 07 - 08 M	Saskatoon	0:16:06	
Alexander Downing <07 M	Saskatoon	0:16:29	
Kathlene Whiteway 07 - 08 F	Saskatoon	0:17:14	
Laura Neuburger <07 F	Saskatoon	0:18:43	

Race Category: KOS 09 - 10

Number in Category: 27

Name/Team Name/AgeGroup/Sex	City	Final	Penalty (Min)
Erin Richan 09 - 10 F	Saskatoon	0:16:33	
Michael Gore-Hickman 09 - 10 M	Saskatoon	0:16:40	
Joel Carriere 09 - 10 M	Saskatoon	0:16:46	
Jordan Quick 09 - 10 M	Saskatoon	0:17:31	
Rikia Trischuk 09 - 10 F	Saskatoon	0:17:42	
Joel Howlett 09 - 10 M	Saskatoon	0:18:09	
Cole Bradford 09 - 10 M	Saskatoon	0:18:19	
Caitlin Warkentin 09 - 10 F	Saskatoon	0:18:59	
Keenan MacDougall 09 - 10 M	Saskatoon	0:19:15	
Ryley Graham-Cutts 09 - 10 M	Saskatoon	0:19:19	
Kendra Churchill 09 - 10 F	Saskatoon	0:19:30	
Leanne Mylymok 09 - 10 F	Saskatoon	0:20:09	
Dylan Sawchyn 09 - 10 M	Saskatoon	0:20:26	
Scott Wood 09 - 10 M	Saskatoon	0:20:32	
Jordan Goldade 09 - 10 M	Saskatoon	0:20:40	
Keegan Stowe 09 - 10 M	Saskatoon	0:20:50	
Samanthia Lukash 09 - 10 F	Saskatoon	0:21:06	
Rory Rosen 09 - 10 M	Saskatoon	0:21:16	

Triathlon Overall Results

Page Number: 2 of 2

Race Category: KOS 09 - 10

Number in Category: 27

Name/Team Name/AgeGroup/Sex	City	Final	Penalty (Min)
Robyn Larsen 09 - 10 F	Saskatoon	0:22:19	
Janelle Klassen 09 - 10 F	Saskatoon	0:22:22	
Ehren Gadzella 09 - 10 F	Saskatoon	0:22:31	
Jennie Anderson 09 - 10 F	Saskatoon	0:23:13	
Katherine Scherger 09 - 10 F	Saskatoon	0:23:15	
Julian Peppler 09 - 10 M	Saskatoon	0:23:16	
David Whiteway 09 - 10 M	Saskatoon	0:25:12	
Samuel Wall 09 - 10 M	Saskatoon	0:30:07	
Julianne Timmermans 09 - 10 F	Saskatoon	0:43:48	

Race Category: KOS 11 - 13

Number in Category: 27

Name/Team Name/AgeGroup/Sex	City	Final	Penalty (Min)
Daniel Gignac 13 - 14 M	Saskatoon	0:20:52	
Lynn Cuthbertson 13 - 14 F	Saskatoon	0:21:55	
Michel Gignac 11 - 12 M	Saskatoon	0:22:11	
Erica Klassen 11 - 12 F	Saskatoon	0:24:29	
Colton Garbe 11 - 12 M	Saskatoon	0:24:32	
Miles Parkinson 13 - 14 M	Saskatoon	0:24:59	
Melissa McMahan 11 - 12 F	Saskatoon	0:25:09	
Skyler Lewis 11 - 12 M	Saskatoon	0:25:25	
Brett Gore-Hickman 13 - 14 M	Saskatoon	0:25:38	
Keith Johnsrude 11 - 12 M	Saskatoon	0:26:13	
Michael Becker 13 - 14 M	Saskatoon	0:26:15	
Catherine Stack 13 - 14 F	Saskatoon	0:26:18	
Jeremiah Sobala 13 - 14 M	Saskatoon	0:26:37	
Ricarda Bentham 11 - 12 F	Saskatoon	0:27:53	
Nathalie Stewart 11 - 12 F	Saskatoon	0:28:10	
Lei Xia 13 - 14 M	Saskatoon	0:30:04	
Alisha Figley 11 - 12 F	Saskatoon	0:31:00	
Jonathon Wall 11 - 12 M	Saskatoon	0:31:18	
Nathan Howe 11 - 12 M	Saskatoon	0:31:24	
Alexander MacPherson 13 - 14 M	Saskatoon	0:31:40	
Julia Ferguson 11 - 12 F	Saskatoon	0:32:10	
Grant Klassen 11 - 12 M	Saskatoon	0:32:47	
Dionne Jones 11 - 12 F	Saskatoon	0:33:42	
Cameron Chouinard 11 - 12 M	Saskatoon	0:33:49	
James Gunther 11 - 12 M	Saskatoon	0:35:01	
James Tait 11 - 12 M	Saskatoon	0:21:15	*
Kristen Guspodarchuk 11 - 12 F	Saskatoon	0:27:53	*

Race Category: KOS 14 - 15

Number in Category: 5

Name/Team Name/AgeGroup/Sex	City	Final	Penalty (Min)
Nathaniel Husulak 13 - 14 M	Saskatoon	0:30:13	
Iain McCormick 13 - 14 M	Saskatoon	0:33:53	
Jamie Chouinard 13 - 14 M	Saskatoon	0:38:07	
Nathaniel Husulak 13 - 14 M	Saskatoon	0:39:24	
Stefanie Jelinski 13 - 14 F	Saskatoon	0:43:14	

Note KOS - different age groups race different distances

Number in Race: 84

Spin on Spadina Triathlon Results

Triathlon Overall Results Sunday June 25, 2000 Saskatoon

Triathlon Overall Results

Page Number: 1 of 3

Race Category: Men - Sprint

Number in Category: 12

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Curtis Earl 20 - 29 M	Saskatoon	0:16:28	0:34:46	0:21:41	1:12:55	
Mike Adamson 20 - 29 M	North Battleford	0:13:45	0:35:48	0:23:16	1:12:59	
Brad Boehm 30 - 39 M	Martensville	0:16:05	0:37:27	0:23:09	1:16:41	
Cory Niefer 20 - 29 M	Saskatoon	0:15:45	0:37:19	0:24:01	1:17:15	
Jason Tomaz 20 - 29 M	Saskatoon	0:18:13	0:37:52	0:21:17	1:17:37	
Brett Gore-Hickman 13 - 14 M	Saskatoon	0:11:31	0:42:06	0:25:47	1:19:29	
Kim Ward 40 - 49 M	Saskatoon	0:13:30	0:45:33	0:24:55	1:23:58	
Steven Sherin 17 - 19 M	Saskatoon	0:13:32	0:45:27	0:25:01	1:24:05	
Troy Pilot 20 - 29 M	Saskatoon	0:12:30	0:56:22	0:26:07	1:35:09	
Marius Roos 30 - 39 M	Saskatoon	0:16:22	0:53:19	0:29:47	1:39:43	
Paul Johnson 40 - 49 M	Saskatoon	0:19:59	0:58:55	0:24:33	1:43:37	
Jamie Kidd 20 - 29 M	Saskatoon	0:17:40	1:03:42	0:27:26	1:48:53	

Race Category: Men - Standard

Number in Category: 25

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Blair Chapman 30 - 34 M	Saskatoon	0:21:44	1:02:27	0:36:51	2:01:02	
Jeff Hehn 35 - 39 M	Saskatoon	0:21:39	1:05:21	0:38:06	2:05:16	
Kevin Sutton 40 - 44 M	Saskatoon	0:23:18	1:05:34	0:39:23	2:08:30	
Alex Ronchin 25 - 29 M	North Battleford	0:22:03	1:08:21	0:39:33	2:09:57	
Daryl Pearson 25 - 29 M	Meadow Lake	0:22:54	1:07:01	0:40:57	2:11:02	
Blaine Richter 20 - 24 M	Saskatoon	0:24:49	1:07:36	0:38:38	2:11:13	
Chase Figley 17 - 19 M	Saskatoon	0:22:37	1:07:00	0:42:35	2:12:17	
Simon Toon 35 - 39 M	Saskatoon	0:27:40	1:06:53	0:38:07	2:12:45	
Peter Martin 35 - 39 M	Saskatoon	0:27:38	1:03:20	0:42:21	2:13:19	
Myron Martens 30 - 34 M	Denare Beach	0:28:35	1:08:20	0:40:24	2:17:24	
Eugene Timmermans 40 - 44 M	Warman	0:27:27	1:07:03	0:43:14	2:17:44	
Fraser Sprigings 20 - 24 M	Saskatoon	0:22:53	1:09:49	0:46:51	2:19:48	
Ron Golden 40 - 44 M	Saskatoon	0:25:06	1:10:06	0:44:48	2:20:00	
Reid Van Melle 25 - 29 M	Saskatoon	0:27:25	1:13:55	0:41:35	2:23:00	
Ryan MacVicar 25 - 29 M	Saskatoon	0:27:48	1:10:03	0:45:36	2:23:27	
Don Figley 40 - 44 M	Saskatoon	0:27:37	1:08:08	0:49:09	2:25:04	
Handre De Ridder 25 - 29 M	Meadow Lake	0:27:12	1:14:20	0:44:57	2:26:29	
Bill Jeffrey 50 - 54 M	Shellbrooke	0:30:07	1:15:33	0:49:52	2:35:37	
Dennis Scherger 40 - 44 M	Saskatoon	0:28:36	1:24:07	0:44:17	2:37:10	
Dwight St. Armand 45 - 49 M	Saskatoon	0:29:53	1:17:06	0:50:36	2:37:45	
Peter Tracey 50 - 54 M	Saskatoon	0:28:32	1:22:41	0:46:36	2:37:59	
Rick Gore-Hickman 40 - 44 M	Saskatoon	0:29:42	1:20:41	0:47:46	2:38:09	
Blair Parkensen 50 - 54 M	Fort Qu'appelle	0:31:12	1:14:56	0:53:10	2:39:23	
Trevor Hamm 25 - 29 M	Saskatoon	0:22:08	1:21:10	1:08:53	2:52:16	
Mike Levesque 40 - 44 M	Meadow Lake	0:25:32	1:19:13	21:35:05	23:19:55	DNF

Race Category: Team - Sprint

Number in Category: 3

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
David Weninger The Dynamos M	Saskatoon	0:12:32	0:37:37	0:23:19	1:13:28	

Triathlon Overall Results

Page Number: 2 of 3

Race Category: Team - Sprint

Number in Category: 3

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
M.J. Sherven The Dynamos F	Saskatoon	0:12:32	0:37:37	0:23:19	1:13:28	
Wanda Spooner The Dynamos F	Saskatoon	0:12:32	0:37:37	0:23:19	1:13:28	

Race Category: Team - Standard

Number in Category: 5

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Shane Armstrong Big Talk Race Team M	Saskatoon	0:18:40	1:02:38	0:39:53	2:01:16	
Brenda Reid Big Talk Race Team F	Saskatoon	0:18:45	1:02:38	0:39:58	2:01:21	
John Haver Me my Brother and the Other Guy M	Saskatoon	0:16:56	1:19:37	0:39:12	2:15:45	
Ryan Keesey Me my Brother and the Other Guy M	Saskatoon	0:16:56	1:19:37	0:39:12	2:15:45	
Todd Keesey Me my Brother and the Other Guy M	Saskatoon	0:16:56	1:19:37	0:39:12	2:15:45	

Race Category: Women - Sprint

Number in Category: 14

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Amanda Reimer 15 - 16 F	Saskatoon	0:12:32	0:37:11	0:24:02	1:13:45	
Leah Jensen 15 - 16 F	Saskatoon	0:10:43	0:43:23	0:26:18	1:20:24	
Kim Larsen 30 - 39 F	Saskatoon	0:14:54	0:38:22	0:27:40	1:20:56	
Lazelle De Ridder 30 - 39 F	Meadow Lake	0:16:25	0:40:31	0:26:09	1:23:05	
Michelle Prytula 30 - 39 F	Saskatoon	0:15:45	0:42:06	0:26:04	1:23:55	
Joanne Weninger 30 - 39 F	Saskatoon	0:16:57	0:41:25	0:29:07	1:27:34	
Carrie Ottenbreit 20 - 29 F	Saskatoon	0:17:23	0:44:21	0:26:36	1:28:20	
Catharina Muller 20 - 29 F	Saskatoon	0:13:35	0:45:45	0:29:56	1:29:16	
Sarah Oosman 20 - 29 F	Saskatoon	0:13:18	0:47:10	0:29:56	1:30:24	
Shannon Bews 30 - 39 F	Saskatoon	0:18:39	0:45:13	0:29:26	1:33:18	
Sarah Figley 15 - 16 F	Saskatoon	0:15:41	0:47:15	0:30:27	1:33:23	
Christine Elmgreen 20 - 29 F	Saskatoon	0:14:08	0:49:33	0:32:33	1:36:14	
Mari Roos 30 - 39 F	Saskatoon	0:18:39	0:51:02	0:29:47	1:39:43	
Val Yarmovich 30 - 39 F	Saskatoon	0:27:02	0:50:52	0:34:38	1:52:42	

Race Category: Women - Standard

Number in Category: 20

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Emily Miazga 25 - 29 F	Eugene OR USA 97405	0:26:34	1:07:48	0:40:44	2:15:11	
Marnie Andersen 25 - 29 F	Saskatoon	0:22:14	1:12:24	0:43:44	2:18:32	
Kerrie Wlad 25 - 29 F	Saskatoon	0:28:46	1:12:03	0:39:25	2:20:19	
Sarah Robbins 30 - 34 F	Saskatoon	0:28:18	1:09:15	0:43:28	2:21:06	
Wendy Chrusch 20 - 24 F	Saskatoon	0:25:56	1:15:29	0:39:48	2:21:23	
Annie Rogoschewsky 30 - 34 F	Regina	0:27:51	1:10:09	0:45:29	2:23:29	
Jolene Hicks 20 - 24 F	Saskatoon	0:28:06	1:14:03	0:46:08	2:28:17	
Maureen Strathdee 40 - 44 F	Prince Albert	0:27:42	1:12:34	0:51:17	2:31:33	
Debbie Harksen 25 - 29 F	Saskatoon	0:27:08	1:19:25	0:49:23	2:35:56	
Brynn Kvinlaug 20 - 24 F	Saskatoon	0:28:43	1:17:00	0:50:33	2:36:16	
Cheryl Brooke 35 - 39 F	Saskatoon	0:30:49	1:18:32	0:46:58	2:36:19	
Leanne Armstrong 30 - 34 F	Saskatoon	0:30:37	1:27:36	0:41:56	2:40:14	
Wendy Gore-Hickman 40 - 44 F	Saskatoon	0:27:48	1:23:42	0:51:36	2:43:16	

Triathlon Overall Results

Page Number: 3 of 3

Race Category: Women - Standard

Number in Category: 20

Name/Team Name/AgeGroup/Sex	City	Swim	Bike	Run	Final	Penalty (Min)
Nan Lee 35 - 39 F	Saskatoon	0:30:11	1:27:19	0:48:41	2:46:41	
Lilliana Taborda-Lipka 50 - 54 F	Saskatoon	0:34:13	1:24:31	0:49:47	2:48:41	
Regina Koenders 40 - 44 F	Saskatoon	0:33:01	1:24:59	0:53:29	2:51:34	
Nadia Bowen-MacVicar 25 - 29 F	Saskatoon	0:32:38	1:33:31	0:51:10	2:57:19	
Christine Martyn 40 - 44 F	Saskatoon	0:33:12	1:25:16	1:06:54	3:05:32	
Patti Wilson 50 - 54 F	Saskatoon	0:34:45	1:45:15	0:51:01	3:11:06	
Terry Jelinski 45 - 49 F	Saskatoon	0:34:36	1:28:47	1:08:38	3:12:11	

Number in Race: 79